

What defines a man

Sunday October 26, 2008

Be part of a study on men's health, and reap the benefits!

ARE you a man living in the Klang Valley aged 40 years and above? Here is a good chance to find out whether or not you are having testosterone deficiency syndrome!

As a man grows older, his male hormone (testosterone) in the blood falls naturally. When the testosterone level drops below a critical level, some men will begin to experience disturbing symptoms and his health might be affected.

Men with testosterone deficiency syndrome usually experience depressed mood, tiredness, weakness and low sex drive. In addition, medical research is beginning to unravel its secrets and found that low testosterone has a detrimental effect on men's health.

The good news is - a testosterone replacement therapy is now available for the treatment of testosterone deficiency syndrome. The Malaysian Society of Andrology and the Study of the Aging Male (MSASAM) is currently conducting a research study on testosterone replacement therapy. We are inviting men aged 40 years and above living in the Klang Valley who are experiencing the symptoms of testosterone deficiency syndrome to participate in this study.

To find out whether you are eligible, please complete the Aging Male Symptom (AMS) questionnaire. If you score more than 27 points on the AMS questionnaire, it is possible that you might have testosterone deficiency syndrome and MSASAM invites you to come for a

complimentary blood testosterone screen to confirm whether or not you have the condition.

You would be eligible to participate in this study only if you score more than 27 on the AMS questionnaire AND your blood testosterone is found to be low. Your participation is entirely voluntary and you can withdraw from the study at anytime.

If you suspect that you might have testosterone deficiency syndrome and would like to find out more, call our research coordinators, Jeya at 016-2817650 or Shirley at 012-6639965. All participants in this study will be assessed and managed personally by a dedicated team of doctors who specialise in men's health.

This research study is approved by the Universiti Malaya Medical Centre Research Ethics Committee.

<http://thestar.com.my/health/story.asp?file=/2008/10/26/health/2348350&sec=health>