

Prostate trouble?

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Prostate UK is trying to raise awareness about [benign prostatic hyperplasia \(BPH\)](#), a non-cancerous enlargement of the prostate gland which affect around 3.2 million men in the UK.

There are two main objectives to the awareness campaign: The first is to encourage men to seek medical advice for unexplained urinary [symptoms](#), rather than suffering in silence. The second is to ensure that where appropriate, BPH is managed by GPs in the primary care setting in order to treat it earlier and minimise costly surgical interventions.

Go here to see video:

<http://www.independent.co.uk/life-style/health-and-families/health-news/prostate-trouble-1806588.html>

The above video, narrated by 'This Morning' GP Dr Chris Steele, describes the problem of BPH and hears from sufferers. Click on the image to launch.