

Sex problem drug can also reduce lower urinary tract infections

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Washington, April 27 (IANS) Tadalafil, a popular drug for treating erectile dysfunction, also seems to reduce lower urinary tract symptoms (LUTS) in men with enlarged prostate.

Researchers separated 200 men, aged 40 years or older, into two groups taking either 20 mg of Tadalafil once daily or a placebo. They went through the International Prostate Symptom Score (IPSS).

The IPSS is an eight question written tool used to screen for, rapidly diagnose, track the symptoms of, and suggest management of the symptoms of benign prostatic hyperplasia (BPH).

All the participants had been diagnosed six months ago with an enlarged prostate known as BPH and LUTS.

After 12 weeks of treatment, the men taking Tadalafil experienced improvement in their conditions, according an AUA release.

Easing of symptom in the IPSS was also significantly better in the Tadalafil group. By the end of the study, the proportion of infected patients in the placebo group increased, while the proportion in the Tadalafil group decreased.

The study has added further evidence that drugs like Tadalafil help with management of bladder outlet symptoms as well. "This is an exciting concept for men's health," American Urological Association (AUA) spokesman Anthony Y. Smith said.

Researchers will present these findings during the 104th Annual Scientific Meeting of the AUA.

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