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Lack of desire is the main problem for 58% of women and erectile dysfunction for 52% of men The lack of desire and routine in relationships is what worries the Spanish, according to a report on sexual habits in the Spanish population, which reflects that 82 percent of respondents thought that "their intimate relationship could improve.

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Dr. Vicente Bataller, sexologist, said in presenting the study in Spain, despite acknowledging a concern about this problem only one in ten men over 54 years has visited a doctor about this and its treatment.

The study shows that half of the Spanish did not talk about sex with their friends, and those who talk most about are those that reside in Valencia, Galicia, Basque Country and Extremadura and in doing so, the Basques are the most sincere. Women, under 35, are the most talkative about sex and are also the most sincere when they talk about it.

61 percent of the population is satisfied with their sexual relationships, and the most satisfied are resident in Cantabria and Extremadura, 72 percent and 71 respectively.

Dr. Ballester, whom placed stress, anxiety and lack of time at the root of problems such as loss of sexual desire and routine.

http://www.barcelonareporter.com/index.php?/news/comments/82_of_the_spains_adult_population_believed_that_their_sexual_relations_coul/1202100514am