

## Racial Differences In Impotence Statistics

Written by Jamie Stowe | Saturday, 31 October 2009 | There are 3 comments

“ The differences in the impotence rates were only just statistically significant ”

Research recently undertaken by the [University of California's Department of Urology](#) in San Francisco shows that the incidence of erectile dysfunction among different racial and ethnic groups is not consistent even when lifestyle, socioeconomic and demographic factors are taken into consideration. The study was conducted with medical data from almost 80,000 men between the ages of 45 and 69. The information came from the [California Men's Health Study](#) which includes very detailed information on all the different factors which could influence the incidence of erectile dysfunction.



The men were divided into 3 groups depending on their ages, the first group contained men between the ages of 45 and 49, the second group contained men between 50 and 59 and the third group looked at the men between 60 and 69 years old. Overall it was seen that the first, second and third groups suffered from erectile dysfunction with the percentages 13%, 24%, and 44% respectively.

The results showed that relative to white men, Hispanic and Asian had a slightly increased chance of suffering from moderate to severe erectile dysfunction whereas black men overall were seen to be less likely to suffer from moderate to severe impotence. However after the results were adjusted to take into account socioeconomic status, age, other medical conditions and lifestyle factors it was seen that both Asian and black men were statistically less likely to have severe erectile dysfunction relative to the white men.

The differences in the impotence rates were only just statistically significant and therefore Asian and black men should not think themselves immune from erectile dysfunction in the future especially if they undertake to live unhealthy life styles. Whether you are black, Hispanic, Asian or white you are still much more likely to suffer from erectile dysfunction if you are overweight, if you [smoke](#), if you [drink](#) a lot of alcohol and if you don't get [exercise](#).