

## Low-T Syndrome: Another Word for Male Menopause

Low-T Syndrome Is Real, Some Doctors Say, and a Money Maker for Drug Companies

By SUSAN DONALDSON JAMES

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By the time Dan hit 57, he didn't recognize himself. He was always tired, fell asleep after dinner and was angry all the time.

A new study finds that low testosterone puts men at risk for premature death.

"My [libido was less](#) and I was beginning to have a loss of erection while having sex, but I thought that was part of the normal aging process," said Dan, who did not want his real name to be used.

"I had just changed doctors and he asked me, 'Are you more grumpy and less interested in things like sex?'" Dan, now a 60-year-old California counselor, said.

"Yeah, I am more grumpy, get less enjoyment out of life and certainly am having less [sexual activity](#) with my wife of 40 years," Dan answered. "I had excellent health all my life and he said there was a name for it -- [male menopause](#)."

The doctor ordered a series of blood tests and found Dan had low [levels of testosterone](#).

"My levels were in the basement," he said.

Dan, according to his doctor, has andropause, what is now euphemistically being called low-T syndrome.

Television ads for low-T syndrome have cropped up on prime-time nightly news programs, joining direct-to-consumer drug ads for [erectile dysfunction](#), or "ED," as well as other aging ailments such as high cholesterol, enlarged prostates and dry eyes.

<http://abcnews.go.com/Health/MensHealthNews/story?id=8279787&page=1>