

# Can you break your penis?

TNN 1 January 2010, 12:00am IST

*There are many inconveniences that your manhood may have to endure, from nasty infections to more serious diseases, but is there any possibility you might break your penis during an aggressive sexual act, masturbation or some unfortunate accident?*

It is common knowledge that irritations, soreness or swellings of the penis are likely to occur because of friction due to excessive penetrative or oral sex, but are penis fractures possible? If they are, can they be fixed or corrected?

Sadly, the answer is 'yes'. Even though the penis contains no actual bone, there are some cases in which it might 'fracture.' The penis is composed of two chambers of spongy tissue, which run along the inside length of the penis, called 'the corpora cavernosa'.

These chambers are enclosed by tunica albuginea, which is an elastic fibrous tissue than can stretch and accommodate erections and that does not allow blood, which is being pumped into those chambers, from escaping. All these result in a stiffer more larger and more rigid penis. But even though it may feel like rock-solid, we are still talking about flesh and blood.

During aggressive intercourse, the erect penis may accidentally slip out of the vagina and may strike against the woman's pubic bone, buttocks, thighs or perineum. These may occur in any coital position, but more frequently during woman-on-top intercourse, because the full weight of the female comes down on the penis which, if it has slipped out of the vagina, may fracture or snap.

A loud noise maybe heard, immediately followed by pain and swelling. The penis may have a dark bruise on it due to blood escaping the corpora cavernosa. In 10 to 30 per cent of penis fractures, damages to the urethra will occur and at the urinary opening of the penis blood might be visible.

If your penis is broken you need to seek urgent medical attention. Fortunately, usually the surgical repair of a penis is successful, but if it is left untreated, you may endure deformity of the penis, the inability to have an erection or Peyronie's disease, which is an abnormal curvature of the penis, urethral stricture or painful fibrous nodules.

The diagnosis of a possible penis fracture is usually made on the basis of history and examination findings alone. Sometimes professionals might find it difficult to distinguish a bona fide case from torn superficial penile veins.

Even though you might feel embarrassed, stressed and anxious, avoid delaying medical help because it is the only way you can heal and enjoy a great functional and cosmetic outcome. Moreover, unwanted complications are also avoided. It is always undoubtedly safer and more pleasurable to use finesse rather than force or aggressiveness when dealing and working with an erection.

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