

## Men's biggest sex fears

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BELIEVE it or not, for many fellows, a foray into the bedroom can turn them from confident men into insecure babies. Not many are willing to admit to the insecurities, either way, when it comes to bedtime, your man may be just as nervous as you are. So what are his major hang-ups and insecurities when it comes to pleasuring you?

That he won't be able to maintain an erection

This is one of men's biggest sexual fears - will he be able to hold out for the long haul? He'll worry about drugs and alcohol, even old age affecting his prowess.

Worse, if he's overly anxious or concerned about it, then it will prove to be even more of a task getting out of the starting blocks and to the finish line.

That he has problems with premature ejaculation

Premature ejaculation is a major issue that many men have to deal with at one time or another. It's an embarrassment that no man wants to face. To see the look of disappointment and dissatisfaction on the woman's face is a fear that can be pretty intimidating for the most macho of men.

That he can't sexually satisfy you

No man wants to know that when it comes to sexually satisfying his woman he can get nowhere near the fire. Just the thought is enough to have him calling in whatever help he can. No wonder there are so many roots wines on the market!

That his penis is too small

Unless their penis size is well above what's considered 'average', then many men worry about not being able to satisfy their women for the fear that their penis is just too small. The only time they feel able to put this fear behind them is after constant reassurances from the woman.

He also has issues with his body

Women are not the only ones concerned about physical appearances. Believe it or not, men do have hang-ups too when it comes to their physique. A potbelly or a too-scrawny frame is enough to have him ask for lights out.

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