

Premature Ejaculation Link To Your Genes

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premature ejaculation may not necessarily be due to external factors

A fascinating new research project done in Finland involving over 3,000 men makes clear that the problem of impotence and premature ejaculation may not necessarily be due to external factors but appears to have a strong genetic link.

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The researchers approached the study by in depth interviews with men who were either pairs of male twins or the older or younger brothers of them. The idea was they wanted to see whether erectile dysfunction or premature ejaculation occurred specifically in family groups which could then show that the problem was in fact likely to be genetic as opposed to because of external factors.

The men were all questioned about their first sexual experience and the researchers attempted to work out whether any sexual problems they had were because of external factors such as being ashamed, suffering from performance anxiety or due to an excess of alcohol. The researchers concluded that in some cases sexual problems were connected to genetic patterns and could not be put down purely to psychological influences.

Other research done in Holland has previously connected premature ejaculation to a specific gene which is responsible for the regulation of serotonin and this new research adds more weight to the clinical evidence.

Premature ejaculation can be an extremely distressing problem for men and one which undermines their confidence completely. The new research which connected to genetic factors could open up new avenues of research to develop treatments to curb the problem permanently for these men.

If a treatment could be effectively developed in the same way that Viagra was developed to treat erectile dysfunction the lives of millions of men would be made much easier and less stressful.

The new research was printed in the medical journal Sex & Marital Therapy.

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