

Fred Grossman, M.D.  
4200 W Conejos Place, Suite 536  
Denver, CO 80204  
303-571-1355

## Sexual Health Inventory for Men

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is on type of a very common medical condition affecting sexual health. Fortunately, there are many different treatment options. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

### OVER THE PAST 6 MONTHS

**1. How do you rate your confidence that you could get and keep an erection?**

Very Low    Low    Moderate    High    Very High  
1            2            3            4            5

**2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?**

No Sexual Activity    Almost Never/Never    A Few Times    Sometimes    Most Times    Always  
0                            1                            2                            3                            4                            5

**3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?**

No Sexual Activity    Almost Never/Never    A Few Times    Sometimes    Most Times    Always  
0                            1                            2                            3                            4                            5

**4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?**

No Sexual Activity    Almost Never/Never    A Few Times    Sometimes    Most Times    Always  
0                            1                            2                            3                            4                            5

**5. When you attempted sexual intercourse, how often was it satisfactory for you?**

No Sexual Activity    Almost Never/Never    A Few Times    Sometimes    Most Times    Always  
0                            1                            2                            3                            4                            5

**Total Score =** \_\_\_\_\_