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Sexual Health Inventory for Men

Name: _____ Date: _____

Sexual health is an important part of an individual's overall physical and emotional well-being. Erectile dysfunction, also known as impotence, is on type of a very common medical condition affecting sexual health. Fortunately, there are many different treatment options. This questionnaire is designed to help you and your doctor identify if you may be experiencing erectile dysfunction. If you are, you may choose to discuss treatment options with your doctor.

OVER THE PAST 6 MONTHS

1. How do you rate your confidence that you could get and keep an erection?

Very Low Low Moderate High Very High
1 2 3 4 5

2. When you had erections with sexual stimulation, how often were your erections hard enough for penetration (entering your partner)?

No Sexual Activity Almost Never/Never A Few Times Sometimes Most Times Always
0 1 2 3 4 5

3. During sexual intercourse, how often were you able to maintain your erection after you had penetrated (entered) your partner?

No Sexual Activity Almost Never/Never A Few Times Sometimes Most Times Always
0 1 2 3 4 5

4. During sexual intercourse, how difficult was it to maintain your erection to completion of intercourse?

No Sexual Activity Almost Never/Never A Few Times Sometimes Most Times Always
0 1 2 3 4 5

5. When you attempted sexual intercourse, how often was it satisfactory for you?

No Sexual Activity Almost Never/Never A Few Times Sometimes Most Times Always
0 1 2 3 4 5

Total Score = _____